## Lancaster Public Library 5466 Broadway • 716-683-1120

## **Kidding Around Yoga**

Pre-K Class for Ages 3-6

Come and enjoy fun music, yoga poses and mindfulness activities!





Monday, March 17 11:30 a.m. - 12:00 p.m.

Register: bit.ly/lancasterlibrary or call 716-683-1120.
\*Registration begins Monday, February 3.

Class is taught by Donna Baia, certified KAY teacher.

Bring a yoga mat or towel.

Parent/Caregiver must remain with their child.

\*Individuals in need of an accommodation may contact the ADA Coordinator at access@buffalolib.org within 7 days of a program.

www.kiddingaroundyoga.com/donna

