

MINDFULNESS MEDITATION EVENT



December 9, 2024
6:00-7:00 PM
Clarence Public Library

January 16, 2025
6:00-7:00 PM
Clarence Public Library

Please call starting
November 25.
to register for this event.

Please call starting
January 2.
to register for this event.

Join us for a mindfulness meditation class that is hosted by the Clarence Public Library and Wat Prodketchettharam America and guided by Phramaha Piya Jundadal! All are welcome! No meditation experience is necessary.

Meditation is Self Care and Awareness
Meditation Boosts Health and Wellbeing
Meditation promotes inner peace for world peace!
Chair seating available.



Clarence Public Library
3 Town Place
Clarence ☎ New York 14031
716 ☎ 741 ☎ 2650