

KIDDING AROUND YOGA CLASSES FOR AGES 3-8

Summer Sun... Yoga FUN!

Come & Enjoy:

- ✔ Yoga Poses & Games
- ✔ Music, Movement & Mindfulness Activities
- ✔ A Special Guided Relaxation Time



MONDAY,

JULY 8, 29, AUGUST 12 & 26

11:30 A.M. - 12:00 P.M.

Call the Clarence Library to register at (716) 741-2650 or register at the front desk

Bring a yoga mat or towel.

Classes will be held outdoors in the garden area.

If raining, classes will be held inside in the meeting room.



Parent/Caregiver must stay with their child

Adult participation is encouraged

Space is limited

www.kiddingaroundyoga.com/donna